



BE A GAME CHANGER

Graduates who completed an internship:

- ✓ Were 20% more likely to have a job at graduation.
- ✓ Received an increased percentage of full-time job offers compared to non-interns.

Paid interns:

- ✓ Are twice as likely to land a job after graduation compared to non-interns.
- ✓ Make higher starting salaries in their first roles post-graduation.

Source: National Association of Colleges and Employers (NACE)



UHCL students visit The Ion to network with professionals



GET CONNECTED WITH STRATEGIC PARTNERSHIPS

The Office of Strategic Partnerships supports a variety of initiatives that increase participation in internships and offers opportunities that connect external partners to students, faculty, and staff.

UHCL internship initiatives include:

- Boeing Student Development Partnership
- KBR IMOC Intern Program
- Unpaid internship scholarships
- Funded internship opportunities

Outreach opportunities include:

- Internship information sessions
- Hawk Ventures (off-site job tours)

For Further Assistance:

Contact the Office of Career Services (CareerServices@uhcl.edu) for career development support.

Contact the Office of Strategic Partnerships (StrategicPartner@uhcl.edu) for internship initiatives and resources.



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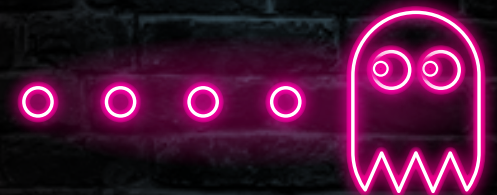
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LEVEL UP

YOUR GAME

Take your academic journey at UHCL to the next level with valuable internship opportunities





WHAT IS AN INTERNSHIP?

An internship is a form of experiential learning that integrates classroom knowledge and theory with practical work experience and skills development in a professional workplace setting.

- Valuable experience
- Increased skills
- Career exploration
- Professional network

A winning internship should include:

- A clear description provided by the established organization or business.
- Work assignments related to the program of study.
- Appropriate hours and work schedules with start and end dates.
- Defined learning objectives and goals.
- Direct supervision provided by a trained professional.



INTERNSHIP TYPES

Credit versus Non-credit

Internships may be taken for academic credit and are a program requirement in some majors. In this case, an internship must meet specific guidelines and requires faculty approval. However, students can also participate in non-credit internships to gain experience before graduation. The process for gaining credit for internships varies for each college. **Always check with your academic adviser to confirm internship guidelines for your specific major.**

Paid versus Unpaid

Some internships are paid, while others are not, depending on the field. Unpaid internships can give students valuable experience and connections and many students find them to be an incredibly worthwhile investment, but ultimately it is a decision you will have to make for yourself after you have taken all factors into account.



University partners, such as the Galveston County Museum, hire UHCL students for internship opportunities



UNLOCK YOUR FUTURE

Follow these helpful tips when starting your internship search:

- Reflect on your goals and research potential opportunities
- Build relationships with faculty
- Use personal connections and social media sites such as LinkedIn
- Use search engines such as Glassdoor, Google, and internships.com
- Visit federal government websites and employer career pages
- Participate in networking sessions and employer events

Utilize the Office of Career Services to prepare

- Meet with a career advisor
- Develop a professional resume
- Setup your Jobs4Hawks account
- Participate in a mock interview
- Attend career fairs



UHCL participants in Boeing Student Development Partnership