

SOFIA GEORGIADOU, Ph.D., LMFT-S, LPC-S, NCC

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Houston, TX – (281) 386-5564

[LinkedIn Profile](#) | [Website](#)

EDUCATION

Ph.D., Marriage and Family Therapy (COAMFTE Accredited) University of Louisiana at Monroe	<i>August 2009 – August 2012</i>
M.A., Marriage and Family Therapy (CACREP and COAMFTE Accredited) University of Louisiana at Monroe	<i>August 2007 – May 2009</i>
B.A., Psychology GPA: 3.43 Aristotle University of Thessaloniki, Greece	<i>2001 – 2006</i>
Exchange Student at the School of Psychology Julius Maximilians Universität von Würzburg, Germany (SOCRATES – ERASMUS Exchange Program)	<i>April – July 2005</i>

CLINICAL/ADMINISTRATIVE EXPERIENCE

Positive Steps Inc. Residential Treatment Center (Houston, TX) Clinical Director/ Treatment Coordinator Developed and updated treatment plans for 60 adolescent females (12-21 years old) increasing admissions by 50% between 2017 and 2021 Established internship program and supervised 30 graduate and undergraduate Psychology and Counseling interns between 2017-2021 Hired, evaluated and supervised team of 3 therapists using trauma-informed care and family systems approaches (Individual, Group, Family) Hired, evaluated and trained over 10 caregivers and case managers Collaborated weekly with Medicaid case managers to provide updates and discuss patient treatment needs, diagnoses, and medications. Skills: Clinical Supervision Team Leadership Cross-functional Team Management Treatment Planning	<i>Nov. 2016 – Oct. 2022</i>
LPC-Supervisor on Motivohealth.com (License#69582) Supervised (individually and as a group) 6 LPC Associates in Texas virtually (Zoom)	<i>May 2021 – current</i>
Houston Area Community Services Behavioral Health Specialist - Provided weekly individual and group therapy to 15-20 adults (special clinical populations served: homeless, HIV+, LGBT, Dual-disorder diagnosis) Collaborated and coordinated patient care with multidisciplinary team of 15 providers, including GPs, psychiatrists, social workers, and case managers Provided weekly group and individual therapy services to 12 young adults-residents at Covenant House Texas – Homeless shelter for youth (18-21 years old)	<i>Sep. 2012 – Sep. 2013</i>
Liberty Healthcare Systems – Adolescent behavioral health hospital Counseled teens individually and with their families via teleconferences or face-to-face sessions (6-7 sessions daily) Provided non-violent crisis interventions to address high-risk behaviors (suicidal or homicidal ideation, auditory or visual hallucinations)	<i>June 2011 – Mar. 2012</i>

Facilitated group therapy sessions for kids (ages 7-12) and adolescents (ages 13-17) 2 times daily
Collaborated daily with multidisciplinary team of 15-18 providers, including psychiatrists, nursing staff, utilization review staff and other therapists
Conducted weekly group therapy and individual assessments in IOP Program for geriatric population

Children's Advocacy Center

May 2010 – May 2011

Counseled 35 sexually and/or physically abused children & their families
Utilized experiential, structural and solution-focused therapy models

INSTRUCTIONAL AND CURRICULUM DESIGN EXPERIENCE

Northwestern University – Affiliated Supervision Faculty

Sep 2024 – Present

Online synchronous teaching – Advanced Internship course

University of Houston at Clear Lake Master of Arts in Family Therapy – Assistant Professor (on-ground) & Internship Coordinator (2023-2025)

Jul 2022 – Present

Teaching Courses (<50% online) with Canvas LMS – Courses:
Internship | Systems and Symptoms | Psychopathology | Practicum |
Cross-cultural Perspectives on Family | Family Assessment | Intro to
Family Therapy | Child and Adolescent Family Therapy
Skills: Curriculum Development | Student Outcomes Assessment |
Cross-institutional Research Collaboration | Grant-writing | Research
Project Management | Qualitative and Mixed Methods Research

Yorkville University Masters in Counseling Psychology Program – Part-time Faculty (Online)

Mar 2021 – Present

Teaching Courses with Moodle LMS (asynchronous and synchronous formats): Ethical Standards for Mental Health Service Providers |
Assessment | Research Methodology | Counseling Skills | Practicum
Skills: Universal Learning Design | Student Outcomes Assessment |
Research Collaboration with Grad Students | Grant-funded Research |
Project Management | Qualitative and Mixed Methods Research

University of the People

Jul 2017 – Dec 2018

Volunteer Instructor for undergraduate courses (Fall 2017 – Spring 2018 – Fall 2018) – Asynchronous Teaching on Moodle:

Courses: Emotional Intelligence | Introduction to Health Psychology
Skills: Asynchronous discussion forum (Moodle LMS) | Grading and
Assessment of students | Bibliographical Research

New York City College (Thessaloniki, Greece) Adjunct Professor

Jan 2015 – May 2015

Taught senior undergraduate Psychology students in-person and asynchronously via Moodle
Course: Psychology Research Methods
Skills: Active Experiential Learning | Multimedia-based Lectures

**Our Lady of the Lake University – Houston Campus
Masters in Counseling Psychology Program
Adjunct Professor**

May 2013 – Aug 2013

Taught in-person – Course: Professional Issues and Ethics
Skills: Course development | Group Discussion Facilitation | Classroom Management

GRANTS – AWARDS

Awarded

Professional and Organizational Development (POD) Network in Higher Education - 2024 Donald H. Wulff Diversity Fellowship	<i>2024-2025</i>
<ul style="list-style-type: none"> • A one-year POD membership • Registration fee for the in-person POD Conference • Financial support for travel costs to Chicago, IL, in the amount of \$1,300 • Mentorship support before, during, and after the conference 	
University of Houston-Clear Lake	<i>Fall 2024</i>
Quality Enhancement Plan Faculty Fellow Cohort 4 (\$600)	
University of Houston-Clear Lake	<i>2023-2024</i>
(Principal Investigator) Faculty Research Support Funds 2023-2024 \$6000 Grant for the Study: Advancing Marriage and Family Therapy Education: A Learner-centric Survey on Students' Perceived Connections between Learning Gaps and Teaching Methods Co-Principal Investigator: Dr. Ashley Hicks (Ohio State University)	
Texas Association for Marriage and Family Therapy (TAMFT)	<i>April 2024</i>
Professor of the Year Award	
Yorkville University	<i>2023</i>
(Principal Investigator) Yorkville University Support for Scholarly Activity Funding (\$4,000): Exploring Relationship between Common Factors of Change and Chronic-Illness-Related-Distress in Women with Chronic Illness in Teletherapy Co-Investigators: Dr. Afarin Rajaei (MACP Faculty), Dr. Reihaneh Madhavi-Shari (Alliant U)	
George Pulliam Distinguished Faculty – University of Houston Clear Lake	<i>2022 - 2024</i>
Fellowship in Marriage and Family Therapy Endowment (\$10,000)	
University of Houston Clear Lake	<i>2022-2023</i>
(Principal Investigator) Faculty Research Support Funds 2022-2023 \$6000 Grant for the Study: Students as Educational Partners: Exploring Consumers' Perceptions of Competency and Skill Development to Improve Marriage and Family Therapy Master's Education Co-Principal Investigator: Dr. Ashley Hicks (Ohio State University)	
Bluenotes Explorance Group	<i>2022-2023</i>
(Co-Principal Investigator) Bluenotes Community and Explorance Inc. (\$12,571) 2022-2023 External Grant for the Study: Students as Educational Partners: Exploring Consumers' Perceptions of Competency and Skill Development to Improve Marriage and Family Therapy Master's Education Principal Investigator: Dr. Ashley Hicks (Ohio State University)	
TACES (Principal Investigator) Research Grant (\$500) for the Study:	<i>2022</i>
Opening and Operating a Private Practice: A Needs Assessment for LPC Associates' Perceived Challenges, Education, Supervision and Training	
(Principal Investigator) Yorkville University Support for Scholarly Activity Funding (\$13,000):	<i>2022</i>
Experiences of Diversity, Equity, Inclusion and Othering among YU Students: Exploring a Community of Belonging Co-Investigators: Dr. Andree Robinson-Neal (M.Ed. Faculty), Mandira Aich (YU graduate student) and Sadekie Lyttle-Forbes (YU alumna)	
(Principal Investigator) Bluenotes Community and Explorance Inc. (\$10,000) External Grant for the Study:	<i>2022</i>

Experiences of Diversity, Equity, Inclusion and Othering among YU Students:
Exploring a Community of Belonging

Co-Investigators: Dr. Andree Robinson-Neal (YU M.Ed. Faculty), Mandira Aich
(YU graduate student) and Sadekie Lyttle-Forbes (YU alumna)

International Peace Scholarship (\$5,000) 2010 – 2011

(by the Philanthropic Education Organization – P.E.O.)

Fulbright Foundation (\$15,000) Scholarship for graduate studies in US 2007 – 2008

Submitted (Not funded)

(Principal Investigator) California Association of Marriage and Family
Therapy Educational Foundation Grant (\$4400) 2024-2025

Global Virtual C/MFT Education Summit (April 2024)

(Principal Investigator) Spencer Foundation Large Grant in Education 2024-2025
(\$226,411) 2024-2025 for the Study:

Advancing Marriage and Family Therapy Education: A Mixed Methods
Study of Students' and Graduates' Perceptions of MFT (Marriage and
Family Therapy) Training

Co-Principal Investigator: Stephen Fife; Ashley Hicks; Jane McIntosh

PUBLICATIONS

Georgiadou, S. (2024, Aug). *AI in MFT Teaching Toolkit: Curated Resources*. Available
exclusively to COAST members on <https://coastmft.org/resources/>

Georgiadou, S. (Forthcoming December, 2024). A year of preparation for success: How I got
admitted to a US Master's in Family Therapy Program as an international student and how you
can do it too. In C. Williams & T. Mikolon (Eds.), *The Making of a Mental Health
Professional: Inspirational, Motivational, and Humorous Stories of Challenges, Victories, and
Wisdom*. Cognella Publishing.

Georgiadou, S. & Hicks, A. (2024, in preparation). Master's Students' Perceptions of Marriage
and Family Therapy Training: Findings from a Nationwide Survey.

Georgiadou, S., Arnab Aich, M. Lyttle-Forbes, S., & Koehler, A. (2024, in preparation).
Engaging Student Voices: Experiences of Belonging and Othering in a Canadian University.

Georgiadou, S., Lyttle-Forbes, S., Arnab Aich, M., & Koehler, A. (June 2024, under review).
Exploring a Canadian University Student Community: The Relationship between Othering
and Intersectionality. *Athens Journal of Education*.

Georgiadou, S., Te Qi (2024, in preparation). Establishing a Private Practice: A Needs
Assessment for LPC Associates' Education, Supervision and Training.

Georgiadou, S., McChesney, K., & Boswell, J. (Forthcoming November, 2024). Supporting
Faculty Wellness During Times of Change. In M. Drinkwater & P. Deane (Eds.), *The
Bloomsbury Handbook of Context, Change, and Transformative Leadership in Higher
Education*. Bloomsbury.

Lysikatou, A. & **Georgiadou, S.** (2023). Resilience, Styles of Humor and Well-being in Greek
Parents of Children with Disabilities. *European Journal of Applied Positive Psychology*.

Georgiadou, S. (2014). Reflections on the Conference “European Conference on Systemic
Research in Therapy, Education and Organizational Development». *Metalogos (Systemic
Association of Northern Greece)*, 25.

Georgiadou, S. (2014). A Conversation with Judy Smith, Family and Organizational
Constellations Facilitator. *The Knowing Field*.

Georgiadou, S., & Wilkins-Smith, J. (2014). Bert Hellinger’s Family Constellation Work: Roots, similarities and distinctions with Classic Family Therapy Models. *The Knowing Field*.

Georgiadou, S., & Wilkins-Smith, J. (2013). Participants’ Experiences in Hellinger’s Family Constellation Work: Findings of a Grounded Theory Study. *The Knowing Field*, 21, 34-40.

PRESENTATIONS

Georgiadou, S. & McChesney, K. (2024, Sep). *Bloomsbury Handbook Speaker Series: Supporting Faculty Wellness Initiatives During Times of Crisis and Change*. Virtual Presentation for Yorkville University’s Center for Teaching Excellence and Innovation.

Georgiadou, S. & Hicks, A. (2023, Nov). *How well C/MFT Masters students think they get prepared to apply AAMFT competencies? Findings from a nationwide survey*. Virtual presentation at COAST Conference.

Georgiadou, S. (2023, Oct). *Building Trust in a Broken System: Collaborative Decision-making for Working with Foster Kids*. AAMFT’s Virtual Systemic Family Therapy Conference.

Hicks, A. & Georgiadou, M. (2023, Jul). *Students as Educational Partners: Exploring Consumers Perceptions of Competency and Skill Development to Improve Marriage and Family Therapy Master’s Education*. In-person presentation at Bluenotes Explorance 2023 Conference, Louisville, KY.

Notice, M. & Georgiadou, S. (2023, Apr). *Embracing Change: Supporting Clinician Adjustment to Telehealth*. In-person presentation at International Family Therapy Conference, Malaga Spain.

Northey, W. & Georgiadou, S. (2023, Apr). *Learning from the best or the worst? Rethinking systemic training*. In-person presentation at International Family Therapy Conference, Malaga Spain.

Georgiadou, S. (2023, Feb). *A Trust-Based Relational Intervention (TBRI®) Approach for Counselors Treating Equity-Seeking Foster Youth with Addiction Issues*. Virtual presentation at South Dakota State University’s conference “Strengthening the Heartland: The Intersection of Diversity and Addiction”.

Georgiadou, S. (2022, Oct). *An immigrant faculty in international waters: Navigating the dynamics of multicultural teaching*. Virtual presentation at the International Association of Intercultural Education conference.

Georgiadou, S., Varnado-Johnson, C., & Miller-Reed, R. (2022, Jun). *It Takes a Village: A Systemic Approach to Trauma When Counseling Equity-Seeking Youth*. NBCC Foundation 2022 Bridging the Gap Symposium, Eliminating Mental Health Disparities (in-person) – Washington, DC

Georgiadou, S. (2022, Feb). *Ethical decision-making for counselors treating children in CPS Care*. Virtual Presentation: Law and Ethics in Counseling Conference – New Orleans, LA.

Georgiadou, S. (2021, Jun). *Counselor Career Trajectory*. Virtual Guest Speaker at the “Introduction to Career Counseling” Course COUN 527 – Nicholls State University

Georgiadou, S. (2021, Mar). *Trauma and Related Disorders*. Guest Speaker in Masters in Counseling Psychopathology course - University of North Texas-Denton

Georgiadou, S. (2015, Jan). 2nd Panhellenic Conference of Sexology, Thessaloniki, Greece
Poster Presentation 1: *Gender Dysphoria: A Case Study*

Poster Presentation 2: *Gender Dysphoria: Multidisciplinary Standards of Care worldwide*

Georgiadou, S. (2014, Oct). *Attitudes towards utilizing mental health services among Greek-Americans and Greek immigrants of the US (A quantitative study)*. WPA Thematic Conference on Intersectional Collaboration, 5th European Congress of INA & 2nd Interdisciplinary Congress on Psychiatry and Related Sciences – Athens, Greece

Georgiadou, S. (2014, May). *Resilience in formerly homeless youth within a transitional housing program in Texas, US: A case study of five youth*. 19th International Congress of the Association

of Psychology & Psychiatry for Adults and Children (APPAC) «Neuropsychiatric, Psychological & Social Developments and Challenges». Athens, Greece

Georgiadou, S. (2014, Mar). *The systemic approach in interdisciplinary medical settings: The application of medical family therapy in the U.S.* Poster presentation - 4th Conference “Biopsychosocial approach to Medical Care” – Thessaloniki, Greece

Georgiadou, S. (2014, Mar). *Participants’ experiences in Family Constellation experiential workshops in the U.S.: A grounded theory study.* Poster Presentation at the European Conference “Linking Systemic Practice and Systemic Research – Heidelberg, Germany

Georgiadou, S. & Wilkins-Smith, J. (2013, Aug). Dimensional Mapping of Families: How to Identify Hidden Patterns and Perceived Limitations in Family Systems. Houston LPC Association Continuing Education Seminar – (1.5 CEUs)

PROFESSIONAL LICENSES

AAMFT Approved Supervisor	<i>Feb 2023 – present</i>
Completed AAMFT Supervisor Fundamentals Course	<i>July 2021 – Aug. 2021</i>
National Certified Counselor (NBCC) – ID#1620296	<i>2021 – present</i>
Licensed Marriage and Family Therapist-Supervisor in Texas (License #203203)	<i>Oct. 2019 – present</i>
Licensed Professional Counselor-Supervisor in Texas (License #69582)	<i>Aug. 2017 – present</i>
Licensed Professional Counselor in Texas (License #69582)	<i>Aug. 2012 – present</i>

MEMBERSHIPS / ORGANIZATIONS

2023-present: COAST (Coalition of Associations for Systemic Therapists) Founding Member

2023-present: AAMFT Approved Supervisor

2020-present: Clinical Fellow

2013: Pre-Clinical Fellow Member

2007-2013: Student member

TAMFT (2016 – present): Professional Member

NBCC National Certified Counselor (2021-present): ID# 1620296

TCA (Texas Counseling Association) and TACES (Texas Association of Counselor Education and Supervision) – Jan, 2022-present: ID# 109443

SERVICE

[COalition of Associations for Systemic Therapy](#) (COAST) Board Member-at-Large and Annual Conference Committee Member: Feb 2024- current

[COAMFTE](#) Accreditation Reviewer Jan 2023 to Dec 2024

Administrator of the COAST’s Division, [Society for the Teaching of Marriage and Family Therapy \(STMFT\)](#) and its Facebook community (<https://www.facebook.com/groups/stmft>)

Pre-Grad Mentor for Project SHORT (Students for Higher-Ed Opportunities and Representation in Training): 2022 - present

Mentor for a Masters Student/Fellow of the Interdisciplinary Minority Fellowship Program (IMFP) – National Board for Certified Counselors (NBCC): 2021-2022 Cycle

Research Committee Member (July 2021 – July 2023) and Volunteer Abstract Reviewer for 2022 ACA Conference – American Counseling Association (ACA)

2022 and 2023 Annual TAMFT Conference Committee Member – Texas Marriage and Family Therapy Association (TAMFT)

Volunteer Abstract Reviewer for TAMFT Conferences from 2016 to 2023 – Texas Marriage and Family Therapy Association (TAMFT)

Volunteer for Hurricane Harvey Relief and Immigration Forums (Sept. 2017-September 2018) – Baker Ripley NGO

Houston LPC Association Board Member (Secretary): October 2012 – October 2013

TECHNOLOGY:

Microsoft Suite Apps (Teams, Word, Excel, Powerpoint)

Google Suite Apps and Docs

Canva

Titanium EHR,

i-Movie

Slack, Trello

LMS: Blackboard, Moodle, Canvas

Qualitative Data Analysis: NVivo, Dedoose

Conferencing: Zoom, Webex, Juno

AI: ChatGPT, Perplexity AI, Liner.ai, Beautiful.ai, Slides AI