

# University of Houston Clear Lake

## **Drug-Free Schools and Communities Act Biennial Review**

*2022-2023 and 2023-2024 Academic Years*

## Table of Contents

|   |    |
|---|----|
| Table of Contents.....                                      | 2  |
| Introduction.....   | 3  |
| Review Committee Membership.....                            | 3  |
| Compliance with Drug Free Schools and Communities Act ..... | 4  |
| Philosophy .....  | 5  |
| Policy .....  | 6  |
| University Student Alcohol Use Policy .....                 | 7  |
| University Student Drug Use Policy .....                    | 7  |
| Employee Policies .....                                     | 9  |
| Enforcement.....  | 9  |
| Data .....  | 10 |
| Recent Use Binge Drinking.....                              | 12 |
| Education.....  | 15 |
| Research .....  | 16 |
| Intervention and Support Services .....                     | 20 |
| On-Line Screenings .....                                    | 21 |
| Evaluation of Plan Program Strengths .....                  | 23 |
| Program Weaknesses .....                                    | 23 |
| Program Recommendations .....                               | 23 |
| Summary .....   | 24 |
| Resources and DRSCA Publications.....                       | 24 |

## Introduction

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education such as the University of Houston-Clear Lake (“University”) to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by students and employees both on its premises and as a part of any of its activities.

The University acknowledges its obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act. The University has authorized an administrative review to be conducted to determine if the University fulfills the requirements of these Federal regulations. The Dean of Students Office, together with the Office of Human Resources, the Counseling and Mental Health Center, Health Services, Title IX and University Police, is responsible for conducting the review and reporting on the findings.

The intention of this document is to summarize and evaluate the effectiveness of programs and activities related to alcohol and drug prevention during the 2022-2023 and 2023-2024 academic years.

## Review Committee Membership

- Dr. Tina Powellson, Vice President, Student Affairs
- Dr. Laquala Dixon, Assistant Vice President, Dean of Students
- Matthew Perry, Associate Dean of Students, Director of Student Housing
- Dr. Cynthia Cook, Director, Counseling and Mental Health Center
- Regina Pickett, Director of Health Services
- David Brittain, Title IX/Equal Opportunity Officer
- Russell Miller, Executive Director of Public Safety, University Police
- Erika De Leon, Director, HR Operations, Human Resources

Alcohol and drug prevention policies and procedures in the following University divisions and departments are reviewed for the biennial review:

- Student Affairs
- Dean of Students Office
- Student Housing and Residential Life
- Counseling and Mental Health Center
- Health Services
- Title IX Office
- University Police
- Human Resources
- Office of Student Involvement & Leadership

## Compliance with Drug Free Schools and Communities Act

The University continues to remain in compliance with the requirements of the Drug-Free Schools and Communities Act and has adopted and implemented policies, programs and initiatives to prevent the abuse of alcohol and use or distribution of illicit drugs by its students and employees as demonstrated by this biennial review. The University maintains written policies on alcohol and other drugs and has developed a thorough method for distributing this policy to every student and employee.

The Department of Education requires that each institution of higher education distributes its annual Alcohol and Other Drug policy notification in writing. The materials are annually distributed and contain the following information:

- Standards of conduct that prohibit unlawful possession, use or distribution of alcohol and illicit drugs on its property or as a part of its activities
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol
- A description of applicable legal sanctions under local, state or federal law
- A description of counseling or treatment programs
- A clear statement and description of the disciplinary sanctions the institution will impose on students and employees

As a part of the biennial review, the following data, resources and programs were examined:

- Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and Campus Regulations prepared by the Higher Education Center
- The 1998 Amendments to the Higher Education Act of 1965 (P.L. 105-244) and the Drug-Free Schools and Communities Act Amendments of 1989 (P.L. 101-226) and related commentary and general provisions
- Higher Education Opportunity Act – 2008. The Higher Education Opportunity Act (Public Law 110-315) (HEOA) enacted on August 14, 2008, reauthorizes the Higher Education Act of 1965, as amended (HEA)
- Higher Education Center for Alcohol and Other Drug Prevention
- Regulatory changes to the HEOA in Section 107, which require future reports of the number of alcohol and drug-related violations and fatalities that have occurred on the institution's campus as a part of the institution's activities that are reported to campus officials
- The compliance checklist developed by the U.S. Department of Education's Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention
- State and Federal Drug and Alcoholic Beverage Laws
- University of Houston-Clear Lake *Drug and Alcohol Abuse Program* documents distributed to all faculty, staff and students
- University of Houston-Clear Lake *2022-2023 and 2023-2024 Academic Catalogs*
- Policies and regulations in the University of Houston-Clear Lake *Student Code of Conduct and Living Guide*
- Policies and regulations in the University of Houston-Clear Lake *Employee Standards of*

### *Conduct*

- Human Resource employee actions for possible infractions of the drug and alcohol policy presented to faculty and staff
- Employee policies related to drug and alcohol use by University employees and the sanctions imposed for failure to comply
- Student policies related to drug and alcohol use by University students and the sanctions imposed for failure to comply
- UHCL Administrative Policies and Procedures. The following policies and procedures include reference to alcohol and/or drugs:

UHCL [Campus Carry Policy](#)

UHCL [Discipline and Dismissal of Regular Staff Employees](#)

UHCL [Drug and Alcohol Abuse Prevention](#)

UHCL [Tobacco, Smoke and Vape Free Campus Policy](#)

UHCL [Use of Space and Facilities](#)

UHCL [SAM 01.D.08 Sexual Misconduct Policy](#)

UHCL [Student Code of Conduct](#)

UHCL [Student Housing Living Guide](#)

UHCL [Faculty Handbook](#)

In compliance with the Drug-Free Schools and Communities Act, the University has implemented a program to prevent the illicit use of drugs and the abuse of alcohol by students and employees. The program includes an annual distribution of information to employees and a semesterly distribution of information concerning the possession, use, or distribution of alcohol and illicit drugs at the University.

The Federally Mandated Policy about alcohol and other drugs is distributed annually to each staff member and student as follows:

The University of Houston-Clear Lake *Drug and Alcohol Abuse Prevention Policy* is distributed by Human Resources after each periodic revision to faculty and staff, to all employees annually, and to all new employees during new employee orientation.

The student Alcohol and Other Drug Policy is distributed during orientation and semesterly via email and is also made available to faculty and staff.

### **Philosophy**

The University prohibits the unlawful use, manufacture, sale, distribution, dispensation, or possession of **alcohol and illicit drugs** in the workplace, on the campus, or at any University activity, unless otherwise approved through the campus-wide Alcohol Distribution Policy. Penalties for

violation of this policy are indicated below.

Consequently, the use of alcoholic beverages is prohibited on the campus or as part of any University activity unless for an approved sponsored activity where alcoholic beverages may be legally distributed. For certain University events or functions, alcohol may be served only to those people of legal drinking age who, if so, requested by the event sponsor, are able to verify their age with a state issued identification, passport or similar document.

The University's policy on alcohol and drugs is implemented across the University community. Most commonly, it is articulated in the Academic Catalog, the Faculty Handbook, in the Drug and Alcohol Abuse Prevention Policy, and through the Dean of Students Office. The Dean of Students Office provides overall coordination of the Drug-Free Schools and Communities Act Program and coordinates with other departments in the oversight of University policy, including:

For Student Disciplinary Actions:

Dean of Students Office 281-283-2657

SSCB 1.201

[deanofstudents@uhcl.edu](mailto:deanofstudents@uhcl.edu)

<https://www.uhcl.edu/dean-of-students/>

For Employee Disciplinary Actions:

Human Resources 281-283-2160

Bayou Building B2537

[humanresources@uhcl.edu](mailto:humanresources@uhcl.edu)

<https://www.uhcl.edu/human-resources/>

The University utilizes a five-part framework to address alcohol and other drug use by implementing the following strategies: Policy, Enforcement, Education, Research, and Intervention. An overview of each strategy is described in this document.

## **Policy**

The unlawful use of alcohol and/or other drugs is inconsistent with the behavior expected of members of the university community. The university is committed to the development and maintenance of a drug-free environment on the campus as well as an environment that prohibits the abuse of other drugs and alcohol. The university has an alcohol and drug abuse prevention program in operation, accessible to all members of the University community and is committed to the further expansion of that program and the dissemination of drug awareness information to the members of the university community. In addition, the university is committed to enforcing the provisions of the Drug-Free Workplace Act of 1988 and the Drug-Free School and Communities Act of 1989 and believes that these acts and their implementation regulations provide the proper framework for the alcohol and drug abuse policies of the University.

### ***University Student Alcohol Use Policies:***

On April 3, 2024, the **MAP 05.C.11 Alcohol Distribution Policy** was created by the Division of Student Affairs to encourage students, University employees, and campus visitors to make responsible decisions and to promote safe, legal and healthy patterns of social interaction surrounding alcohol. This policy governs the possession, sale and consumption of alcoholic beverages on the University's campuses, at both student and non-student events. This policy applies to on and off-campus University sponsored activities and functions, including, but not limited to, those led by and/or involving alumni, colleges, departments, offices, professional associations and organizations, students, Registered Student Organizations, and prospective students. An official, approved "University Sponsored Activity or Function" means one or more in which:

- Institutional funds are being used for any part of the activity or program; or
- The University name and/or logo are being associated with the event for which the University is the primary organizer; or
- The activity or program is being advertised on or off campus by any means.

### **[MAP 05.C.11 Alcohol Distribution Policy](#)**

Per Section 3.20 of the Student Code of Conduct, the possession, distribution, or consumption of alcoholic beverages except during events or in circumstances authorized by University officials, presenting a threat to oneself or others due to being under the influence of alcoholic beverages or other drugs, and/or failure to comply with state or University regulations regarding the use or sale of alcoholic beverages including but not limited to use of alcohol by anyone under 21 years of age or providing alcohol to someone under 21 years of age is prohibited.

In addition, the Student Housing and Residential Life Living Guide states that students and guests, regardless of age, are not permitted to use, transport, distribute, and/or sell alcohol in the residence hall. Facilitating, arranging, encouraging, participating, or engaging in activities for perceived and/or excessive rapid consumption for the purpose of becoming intoxicated through the abusive use of alcohol is prohibited. Examples include, but are not limited to, hazing rituals or activities, drinking games, alcohol luges, keg standing, beer pong, funnels, etc. Students (and their guests) that are found intoxicated in the residence hall or while entering the residence hall are in violation of the Living Guide. Students are responsible for their guests and their guest's behavior while in the residence hall.

### ***University Student Drug Use Policies:***

Per Section 3.23 of the Student Code of Conduct, the use, manufacture, distribution, sale, offer for sale, or possession of any controlled substances, including but not limited to, barbiturates, hallucinogens, amphetamines, cocaine, opium, heroin, marijuana, or misuse of prescription drugs is prohibited within the residence halls, on campus grounds, or at University

sponsored events is prohibited. Drug paraphernalia is not permitted within the residence halls, on campus grounds, or at University sponsored activities. Controlled substances and drug paraphernalia are defined by Texas law.

In addition, the Student Housing and Residential Life Living Guide states that the use, possession and/or intent to sell, transport, deliver, distribute, exchange or manufacture illegal drugs or being under the influence of narcotics or dangerous drugs, except those permitted by law and under medical supervision, are prohibited and strictly enforced. The person to whom the drugs are prescribed must use the prescribed drugs appropriately. Student Housing and Residential Life reserves the right to confiscate any items in violation of this internal policy and/or request removal of items from the residence hall. Students (and their guests) found under the influence of narcotics and/or other drugs in the residence hall or while entering the residence hall are in violation of the Living Guide. Students are responsible for their guests and their guest's behavior while in the residence hall.

***Registered Student Organizations: Risk Management and Training:***

In 2007, "Clay's Bill" or [Education Code Section 51.9361](#) became law requiring training for Registered Students Organizations (RSOs). All four-year public and private universities are mandated by the state of Texas to comply with a risk management program. For all RSOs, risk management training is incorporated into the student organization registration/renewal process.

The following topics are included in Risk Management:

- Alcohol
- Illicit Drugs
- Hazing and Hate Crimes
- Sexual Misconduct
- Fire Safety and Firearms (Includes other Safety Concerns)
- Student Travel (In and Out of State)
- Student Org Social Event(s)/Programs(s)
- Disability Awareness (Access)

***Tobacco, Smoke and Vape-Free Campus Policy:***

On April 28, 2023, the MAP 01.A.08 Tobacco Free Policy was revised to include tobacco, smoking, and vaping. This policy was renamed to the **Tobacco, Smoke and Vape-Free Campus Policy**.

Tobacco and vaping use pose a significant risk to the health of both users and non-users. Secondhand smoke, smoking/non-smoke device emissions, snuff, and chewing tobacco can be irritating, can cause health hazards for nonsmokers in the workplace, and can be damaging to property. It can be particularly harmful to individuals with related heart and respiratory diseases or allergies. In the interest of comfort, health, and safety of all its faculty, staff, and students, the University is required by State law to follow the rules regarding smoking.



The University of Houston-Clear Lake has been designated as a tobacco, smoke and vape-free campus. This policy prohibits the use of all tobacco products in university buildings and on university grounds, including parking areas (excluding personal car space), sidewalks, walkways, university affiliated parking facilities, and university-owned buildings. This policy applies to satellite campuses, such as UHCL-Pearland and TMC. The University Forest Apartments are exempt from this policy, as they are not owned, operated, or managed by the university. This policy applies to all employees, students, university affiliates, contractors and visitors and is applicable twenty-four (24) hours a day, seven days a week.

<https://www.uhcl.edu/policies/administrative-policies-procedures/01.a.08-tobaccovapefree.pdf>

### ***Employee Policies:***

The University prohibits the manufacture, distribution, dispensation, sale, purchase, or transfer of any controlled substance by its employees on University premises or while conducting University business. The University prohibits the unlawful possession or use of any controlled substance by its employees on University premises or while conducting University business. Employees may not report to work under the influence of an unauthorized controlled substance. Controlled substances include those drugs listed in the federal Controlled Substances Act.

The University also prohibits the use, possession, distribution, transfer or sale of any drug paraphernalia on University premises or while conducting University business. In addition, the University prohibits employees from reporting to work under the influence of, dispensing, possessing or using alcohol on University premises or while conducting University business except as permitted at specific University events.

### **Enforcement**

The University seeks to uphold University drug and alcohol-related policies and laws and will impose disciplinary sanctions against those students and/or employees who violate said policies and laws consistent with local, State or Federal law. Enforcement of the University's Drug and Alcohol policies are facilitated by UHCL Police, the Dean of Students Office, Student Housing & Residential Life and Human Resources. As part of the disciplinary process, the University may also request that the student or employee complete a rehabilitation program.

### **Student Sanctions:**

**Any student** found responsible of violating Student Code of Conduct regarding the unlawful possession, use, or distribution of illicit alcohol and/or other drugs on campus or at university-sponsored events held off campus will be subject to disciplinary action. In addition, under Title IX, a person impaired by alcohol or drugs may be legally incapacitated, which means that they cannot legally consent to sexual activity. Therefore, engaging in sexual activity with someone who is incapacitated by substances constitutes sexual assault and the perpetrator will be subject

to disciplinary action. These actions consist of penalties up to and including disciplinary probation, suspension, and expulsion. The student may be referred for criminal prosecution and may be required to participate in a satisfactory manner in an alcohol or drug assistance or rehabilitation program.

\*Per Section 20 of our Student Code of Conduct, **student groups and registered student organizations** are subject to the same behavioral expectations as individual students and as such, may be charged with violations of the Prohibited Conduct section of the Student Code of Conduct. The same Student Code of Conduct procedures afforded to individual students are applicable to student groups and registered student organizations. Student groups and registered student organizations, their members, as well as other students may be held collectively and/or individually responsible for violations that occur on University grounds, on premises used or controlled by the group or organization, and/or at University sponsored activities on or off campus.

#### Employee Sanctions:

**Any employee** admitting to or convicted of the unlawful possession, use, or distribution of illicit drugs and/or alcohol on the campus or at university-sponsored events held off campus, will be subject to disciplinary action in accordance with the Discipline and Dismissal of Non-faculty policy or the Dismissal of Faculty policy. Further, the employee may be referred for criminal prosecution and may be required to participate in a satisfactory manner in a drug and alcohol assistance or rehabilitation program. Referrals to rehabilitation programs will be because of joint consultation between the employee and the Office of Human Resources. Supervisors who suspect that an employee may be in violation of this policy or may be under the influence while at work must consult with the Associate Vice President, Chief Human Resources Officer and/or the University Police Department before any action is taken.

#### Data

Any data provided is from Health Services, the Counseling and Mental Health Center, and the Dean of Students Office.

#### Health Services:

The mission of Health Services is to ensure students maximize their attendance and performance in class and minimize absences and disruptions resulting from health concerns. Health Services provides UHCL students with quality health care with a board-certified physician, nurse practitioner, registered nurses and support staff. Their objective is to be a resource to guide students, faculty and staff through health and wellness related questions by offering proactive health education and services.

<https://www.uhcl.edu/student-affairs/health-wellness/health-services/>

## 2022-2024 Health Services Student Data

|  |            |
|--|------------|
| Has anyone in your biological family ever been diagnosed or treated for substance abuse? | Yes = 2.6% |
| Do you use any tobacco products?   | Yes = 5.9% |
| Do you use any illegal drugs?  | Yes = 1.8% |
| Do you use alcohol?  | Yes = 30%  |

### The Counseling and Mental Health Center:

The mission of the Counseling and Mental Health Center is to help students fulfill their goals by fostering connections with and among members of the university community, facilitating the discovery and realization of power in their strengths and developing the ability to address emotional and psychological challenges.

The licensed professionals in the Counseling and Mental Health Center provide a variety of free and confidential services including individual, couples and group therapy for a variety of personal concerns including anxiety, depression, relationship problems, stress, family issues, substance use, grief/loss, trauma, body image, eating disorders, cultural and identity concerns, and adjusting to UHCL.

Additional services include psychiatry, **MindSpa** and biofeedback, outreach, consultation, support groups, and presentations/workshops. Visit our website for self-help resources including instructions to log into the **WellTrack Boost** interactive self-help therapy, take a mental health screening, or use relaxation exercises. Students can utilize **Togetherall**, which is a peer support program that is clinically moderated. Crisis services are available to students 24 hours a day, 7 days a week. The Counseling and Mental Health Center is in SSCB 3.103, 281-283-2580 or <https://www.uhcl.edu/cmhc/>

### Substance Use and History

There is great importance in the early detection of substance abuse and dependence of college students in terms of prevention of adverse social, psychological, economic, and medical consequences. Counseling Services seeks to detect students with drug or alcohol concerns during their initial consultation so early treatment and prevention strategies can be implemented.

Below are tables with demographic data collected during the initial consultation. Most of the students do not indicate concern with alcohol or drug use. During this reporting period, an average of 68% of students report that they never felt the need to reduce their substance use and 84% report that no one has ever been concerned about their use. Most alcohol and drug reported use numbers remain consistent to the last reporting period's numbers. Last, an average of 97% of students report that they have never participated in alcohol and drug treatment in the past, which is a slight increase since the last reporting period.

### Recent Use \*Binge Drinking

| # Times   | 2023-2024   | 2022-2023   |
|-----------|-------------|-------------|
| None      | 312 (77.0%) | 377 (77.2%) |
| Once      | 52 (12.8%)  | 52 (11.8%)  |
| Twice     | 22 (5.4%)   | 31 (7.1%)   |
| 3-5 times | 15 (3.7%)   | 13 (3.0%)   |
| 10+ times | 1 (0.2%)    | 0           |

\*Binge drinking is defined as having five or more drinks in a row (for males) or as having four or more drinks in a row (for females).

### Recent Use Marijuana

| # Times   | 2023-2024   | 2022-2023   |
|-----------|-------------|-------------|
| None      | 662 (87.8%) | 377 (85.9%) |
| Once      | 22 (2.9%)   | 9 (2.1%)    |
| Twice     | 14 (1.9%)   | 8 (1.8%)    |
| 3-5 times | 8 (1.1%)    | 14 (3.2%)   |
| 6-9 times | 21 (2.8%)   | 5 (1.1%)    |
| 10+ times | 27 (3.6%)   | 26 (5.9%)   |

### Alcohol/Drug Use Reported

|                     | Current Use<br>2023-2024 | Current Use<br>2022-2023 | Past Use<br>2023-2024 | Past Use<br>2022-2023 |
|---------------------|--------------------------|--------------------------|-----------------------|-----------------------|
| No Response         | 259 (64.1%)              | 268 (61.0%)              | 216 (53.5%)           | 240 (54.7%)           |
| Alcohol             | 99 (24.5%)               | 177 (26.7%)              | 139 (34.4%)           | 157 (35.8%)           |
| Cocaine             | 1 (0.2%)                 | 0                        | 15 (3.7%)             | 19 (4.3%)             |
| Ecstasy             | 1 (0.2%)                 | 0                        | 16 (4.0%)             | 13 (3.0%)             |
| Marijuana           | 42 (10.4%)               | 59 (13.4%)               | 121 (30.0%)           | 123 (28.0%)           |
| Methamphetamines    | 0                        | 0                        | 3 (0.7%)              | 7 (1.6%)              |
| Prescriptions Drugs | 21 (5.2%)                | 33 (7.5%)                | 35 (8.7%)             | 46 (10.5%)            |
| Other Drugs         | 14 (3.5%)                | 10 (2.3%)                | 20 (5.0%)             | 12 (2.7%)             |
| Synthetics          | 0                        | 0                        | 6 (1.5%)              | 5 (1.1%)              |
| Nicotine            | 31 (7.7%)                | 0                        | 55 (13.6%)            | 0                     |

### Need to reduce Alcohol/Drug Use (How Many)

|       | 2023-2024   | 2022-2023   |
|-------|-------------|-------------|
| Never | 274 (67.8%) | 299 (68.1%) |
| 1x    | 53 (13.1%)  | 51 (11.6%)  |
| 2-3x  | 43 (10.6%)  | 44 (10.0%)  |
| 4-5x  | 8 (2.0%)    | 6 (1.4%)    |
| >5x   | 30 (7.4%)   | 39 (8.9%)   |

### When Last Time need to reduce Alcohol/Drug use

|              | 2023-2024   | 2022-2023   |
|--------------|-------------|-------------|
| No Response  | 274 (67.8%) | 299 (68.1%) |
| Last 2 weeks | 27 (6.7%)   | 29 (6.6%)   |
| Last month   | 16 (4.0%)   | 28 (6.4%)   |
| Last Year    | 38 (9.4%)   | 30 (6.8%)   |
| 1-5 years    | 38 (9.4%)   | 42 (9.6%)   |
| >5 years     | 14 (3.5%)   | 11 (2.5%)   |

### Others Concerned about Alcohol Use (# Times)

|       | 2023-2024   | 2022-2023   |
|-------|-------------|-------------|
| Never | 338 (83.7%) | 365 (83.1%) |
| 1x    | 31 (7.7%)   | 28 (6.2%)   |
| 2-3x  | 21 (5.2%)   | 27 (6.4%)   |
| 4-5x  | 2 (0.5%)    | 2 (0.5%)    |
| >5x   | 14 (3.5%)   | 17 (3.9%)   |

### When was the last time others were concerned about use?

|              | 2023-2024   | 2022-2023   |
|--------------|-------------|-------------|
| No Response  | 338 (83.7%) | 365 (83.1%) |
| Last 2 weeks | 13 (3.2%)   | 5 (1.1%)    |
| Last month   | 2 (0.5%)    | 10 (2.3%)   |
| Last Year    | 17 (4.2%)   | 19 (4.3%)   |
| 1-5 years    | 22 (5.4%)   | 29 (6.6%)   |
| >5 years     | 15 (3.7%)   | 11 (2.5%)   |

### Prior A & D Treatment (# times)

|       | 2023-2024   | 2022-2023   |
|-------|-------------|-------------|
| Never | 390 (96.5%) | 426 (97.0%) |
| 1x    | 11 (2.7%)   | 9 (2.1%)    |
| 2-3x  | 1 (0.2%)    | 2 (0.5%)    |
| 4-5x  | 0           | 0           |
| >5x   | 2 (0.5%)    | 2 (0.5%)    |

### Last time prior A & D treatment (when)

|              | 2023-2024   | 2022-2023   |
|--------------|-------------|-------------|
| No Response  | 390 (96.5%) | 426 (97.0%) |
| Last 2 weeks | 0           | 0           |
| Last month   | 0           | 0           |
| Last Year    | 0           | 1 (0.2%)    |
| 1-5 Years    | 5 (1.2%)    | 4 (0.9%)    |
| >5 years     | 9 (2.2%)    | 8 (1.8%)    |

### Clinician Index of Client Concerns (CLICC)

The Clinician Index of Client Concerns (CLICC) includes 44 concerns and asks the clinician to (a) check all that apply and (b) to identify the “top concern” of those selected. Total addiction issues account for less than 1% of the concerns that clinicians see students presenting for counseling over the 2-year reporting period. It is important to note that this is self-reported data and students tend to under report their alcohol use on questionnaires.

|                        | <b>2023-2024</b> | <b>2022-2023</b> |
|------------------------|------------------|------------------|
| Alcohol                | 10 (3.2%)        | 15 (4.4%)        |
| Drugs                  | 5 (1.6%)         | 8 (2.4%)         |
| Addiction              | 3 (0.9%)         | 3 (0.9%)         |
| <b>Total Addiction</b> | <b>18 (5.7%)</b> | <b>26 (7.7%)</b> |

### Client Behavioral Outcomes – Reduction of Substance Abuse and Self Medication

On the Client Behavioral Outcomes measure that clients indicate which items they have seen improvement in during counseling (individual and/or group therapy), 40-49% of clients noted reducing substance abuse and self-medication, in individual therapy, depending on when they were asked in the treatment process, and 39% of group therapy clients noted reducing substance abuse and self-medication.

| <b>Reduction of substance abuse and self-medication</b> | <b>Positive Progress</b> | <b>No Response</b> | <b>0</b>    | <b>1</b>   | <b>2</b>   | <b>3</b>   |
|---|--------------------------|--------------------|-------------|------------|------------|------------|
| <b>Sat 1 (Individual Therapy)</b>                       | 48.86%                   | 7 (3.1%)           | 112 (49.6%) | 23 (10.2%) | 28 (12.4%) | 56 (24.8%) |
| <b>Sat 2 (Individual Therapy)</b>                       | 40.19%                   | 1 (0/9%)           | 64 (59.3%)  | 12 (11.1%) | 10 (9.3%)  | 21 (19.4%) |
| <b>Sat 3 (Individual Therapy)</b>                       | 42.19%                   | 3 (4.5%)           | 37 (55.2%)  | 4 (6.0%)   | 10 (14.9%) | 13 (19.4%) |
| <b>Final Sat (Individual Therapy)</b>                   | 45.0%                    | 2 (4.8%)           | 22 (52.4%)  | 7 (16.7%)  | 4 (9.5%)   | 7 (16.7%)  |
| <b>Group Therapy</b>                                    | 38.89%                   | 2 (2.7%)           | 44 (59.5%)  | 9 (12.2%)  | 6 (8.1%)   | 13 (17.6%) |

### Student Code of Conduct Violations

As part of our annual report and in our collaboration with the UHCL Police Department and Title IX, the Dean of Students Office works to ensure that our statistics are reported as accurately as possible. The following statistics are for all cases involving alcohol and other drugs for the 2022-2023 and 2023-2024 academic years.

Alcohol Related Incidents – 1

Drug Related Incidents – 0

In these specific cases, some students were found responsible, and the appropriate sanctions were assigned, none of which led to a suspension or expulsion.

### UHCL Police Department Annual Security Reports

The Jeanne Clery Campus Security Policy & Crime Statistics Disclosure Act requires colleges and universities receiving federal funding to prepare, publish and distribute campus safety and security policies and crime statistics by October 1 of each year. The University of Houston–Clear Lake does this in the form of an Annual Security and Fire Safety Report. University community members are notified annually of when this report is made available, including how and where to access it.

For information on qualifying Clery Act crimes and geographical reporting boundaries, please see the University Annual Security and Fire Safety Report or contact the UHCL Police Department Law Enforcement Compliance Officer (for Clery), Mr. Kurt Hines, at [HinesD@uhcl.edu](mailto:HinesD@uhcl.edu) or by calling 281-283-2231.

All reports and statistics are accessible online at the following website, <https://www.uhcl.edu/police/reports>. The most recent 3 Annual Security and Fire Safety Reports are on the UHCL Police Department [website](#), but 7 years are available by request.

### Education

Health Services and the Counseling and Mental Health Center offers alcohol and drug abuse educational resources, programs, consultation and referrals for employees and students. In addition, the assistance of outside resources may be used. See the section below on psycho-educational programming for more information.

The Counseling and Mental Health Center (CMHC) offered **Mental Health First Aid** (MHFA) training through August 2023. Following this, CMHC began offering a course designed by CMHC called **CErT** (Connect, Empower, refer, Thrive). Both training courses have an educational substance use component for recognizing and intervening with substance use issues and preventing substance use crises.

During the 2022-2024 reporting period, 12 MHFA and YMHA trainings were conducted for 291 participants. In addition, 17 CErT trainings were conducted for 378 participants. A total of 669 participants, representing UHCL students, faculty and staff, participated in comprehensive mental health awareness training.

In addition to the programming and services provided by Health Services, the Counseling and Mental Health Center, the Dean of Students Office, the University Police Department, and Title IX offices, we have engaged our community in the following educational programs and activities:

- 2022, 2023, and 2024: "Blame it on the alcohol" awareness event for residential students residing in Hunter Hall.
- 2023: Electronic video displays and handouts educating the campus on Alcohol Use Awareness provided by the Counseling and Mental Health Center

In the 2023-24 academic year, the Dean of Students Office implemented **Alcohol 101+**, which serves as a unique cost-free alcohol education course for colleges and organizations to use with their students. This engaging digital program provides students with the knowledge to make smarter decisions relating to alcohol. Alcohol 101+ is utilized as an education sanction for students grappling with alcohol use and/or abuse. There is not yet any data to share.

As part of the university's Registered Student Organization (RSO) registration/renewal process, the primary and secondary student officers of the RSO are required to attend a training workshop, which outlines general RSO policies and procedures, including the state required risk management training. The topics covered include Illegal Substances, Alcohol, Hazing and Hate Crimes, Sexual Misconduct, Fire Safety and Firearms (Includes other Safety Concerns), Student travel, Student Org Social Event(s)/Programs(s), and Disability Awareness. The Office of Student Involvement and Leadership partnered with several offices to record training videos for RSOs. Some departments included the Dean of Students Office, the Title IX Office, the University Police Department, and the Accessibility Support Center.

### Research

In the 2022-24 academic years, Dr. Christine Walther, Professor of Psychology, conducted a study examining alcohol use among UHCL students. This study contained specific information pertaining to students' frequency of drinking, typical quantity of drinks when drinking, frequency of becoming intoxicated/drunken, and frequency of binge drinking. The Rutgers Alcohol Problem Index measured problems/consequences related to drinking.

### AY 2022-23 Alcohol Use and Problems Relating to Drinking

**On how many occasions (if any) have you used alcohol during the last 30 days?**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| 0 Times            | 185              | 45.9           | 46.6                 |
| 1-2 Times          | 101              | 25.1           | 25.4                 |
| 3-5 Times          | 54               | 13.4           | 13.6                 |
| 6-9 Times          | 31               | 7.7            | 7.8                  |
| 10-15 Times        | 12               | 3.0            | 3.0                  |
| 16-20 Times        | 4                | 1.0            | 1.0                  |
| More than 21 Times | 10               | 2.5            | 2.5                  |
| <b>Total</b>       | <b>397</b>       | <b>98.5</b>    | <b>100.0</b>         |



**In the last 30 days, what quantity of alcohol did you consume during a typical drinking occasion? A drink is counted as a can or bottle of beer/hard cider/hard seltzer; a wine cooler or a glass of wine, champagne, or sherry; a shot of liquor or a mixed drink or cocktail.**

|                  | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|------------------|------------------|----------------|----------------------|
| 0 Drinks         | 189              | 46.9           | 47.5                 |
| 1 Drink          | 37               | 9.2            | 9.3                  |
| 2 Drinks         | 61               | 15.1           | 15.3                 |
| 3 Drinks         | 33               | 8.2            | 8.3                  |
| 4 Drinks         | 25               | 6.2            | 6.3                  |
| 5 Drinks         | 22               | 5.5            | 5.5                  |
| 6 Drinks         | 9                | 2.2            | 2.3                  |
| 7 Drinks         | 2                | .5             | .5                   |
| 8 or More Drinks | 20               | 5.0            | 5.0                  |
| <b>Total</b>     | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**On how many occasions (if any) have you been drunk (i.e., tipsy, wasted, buzzed) during the last 30 days?**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| 0 Times            | 270              | 67.0           | 67.8                 |
| 1-2 Times          | 81               | 20.1           | 20.4                 |
| 3-5 Times          | 32               | 7.9            | 8.0                  |
| 6-9 Times          | 10               | 2.5            | 2.5                  |
| 10-15 Times        | 2                | .5             | .5                   |
| 16-20 Times        | 2                | .5             | .5                   |
| More than 21 Times | 1                | .2             | .3                   |
| <b>Total</b>       | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**Not able to do your homework or study for a test.**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 362              | 89.8           | 91.0                 |
| 1-2 Times          | 26               | 6.5            | 6.5                  |
| 3-5 Times          | 6                | 1.5            | 1.5                  |
| 6-10 Times         | 1                | .2             | .3                   |
| More than 10 Times | 3                | .7             | .8                   |
| <b>Total</b>       | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**Neglected your responsibilities**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 343              | 85.1           | 86.2                 |
| 1-2 Times          | 43               | 10.7           | 10.8                 |
| 3-5 Times          | 9                | 2.2            | 2.3                  |
| 6-10 Times         | 1                | .2             | .3                   |
| More than 10 Times | 2                | .5             | .5                   |
| <b>Total</b>       | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**Noticed a change in your personality**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 361              | 89.6           | 90.7                 |
| 1-2 Times          | 32               | 7.9            | 8.0                  |
| 3-5 Times          | 2                | .5             | .5                   |
| 6-10 Times         | 1                | .2             | .3                   |
| More than 10 Times | 2                | .5             | .5                   |
| <b>Total</b>       | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**Felt that you had a problem with alcohol**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 374              | 92.8           | 94.0                 |
| 1-2 Times          | 19               | 4.7            | 4.8                  |
| 3-5 Times          | 2                | .5             | .5                   |
| 6-10 Times         | 2                | .5             | .5                   |
| More than 10 Times | 1                | .2             | .3                   |
| <b>Total</b>       | <b>398</b>       | <b>98.8</b>    | <b>100.0</b>         |

**AY 2023-24 Alcohol Use and Problems Relating to Drinking**

**On how many occasions (if any) have you used alcohol during the last 30 days?**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| 0 Times            | 193              | 43.5           | 43.9                 |
| 1-2 Times          | 125              | 28.2           | 28.4                 |
| 3-5 Times          | 71               | 16.0           | 16.1                 |
| 6-9 Times          | 26               | 5.9            | 5.9                  |
| 10-15 Times        | 15               | 3.4            | 3.4                  |
| 16-20 Times        | 6                | 1.4            | 1.4                  |
| More than 21 Times | 4                | .9             | .9                   |
| <b>Total</b>       | <b>440</b>       | <b>99.1</b>    | <b>100.0</b>         |

**In the last 30 days, what quantity of alcohol did you consume during a typical drinking occasion? A drink is counted as a can or bottle of beer/hard cider/hard seltzer; a wine cooler or a glass of wine, champagne, or sherry; a shot of liquor or a mixed drink or cocktail.**

|                  | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|------------------|------------------|----------------|----------------------|
| 0 Drinks         | 198              | 44.6           | 45.0                 |
| 1 Drink          | 40               | 9.0            | 9.1                  |
| 2 Drinks         | 63               | 14.2           | 14.3                 |
| 3 Drinks         | 43               | 9.7            | 9.8                  |
| 4 Drinks         | 38               | 8.6            | 8.6                  |
| 5 Drinks         | 18               | 4.1            | 4.1                  |
| 6 Drinks         | 12               | 2.7            | 2.7                  |
| 7 Drinks         | 6                | 1.4            | 1.4                  |
| 8 or More Drinks | 22               | 5.0            | 5.0                  |
| <b>Total</b>     | <b>440</b>       | <b>99.1</b>    | <b>100.0</b>         |

**On how many occasions (if any) have you been drunk (i.e., tipsy, wasted, buzzed) during the last 30 days?**

|              | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------|------------------|----------------|----------------------|
| 0 Times      | 275              | 61.9           | 62.5                 |
| 1-2 Times    | 119              | 26.8           | 27.0                 |
| 3-5 Times    | 31               | 7.0            | 7.0                  |
| 6-9 Times    | 9                | 2.0            | 2.0                  |
| 10-15 Times  | 6                | 1.4            | 1.4                  |
| <b>Total</b> | <b>440</b>       | <b>99.1</b>    | <b>100.0</b>         |

**Not able to do your homework or study for a test.**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 399              | 89.9           | 90.7                 |
| 1-2 Times          | 33               | 7.4            | 7.5                  |
| 3-5 Times          | 5                | 1.1            | 1.1                  |
| 6-10 Times         | 1                | .2             | .2                   |
| More than 10 Times | 2                | .5             | .5                   |
| <b>Total</b>       | <b>440</b>       | <b>99.1</b>    | <b>100.0</b>         |

**Neglected your responsibilities**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 382              | 86.0           | 87.0                 |
| 1-2 Times          | 46               | 10.4           | 10.5                 |
| 3-5 Times          | 7                | 1.6            | 1.6                  |
| 6-10 Times         | 1                | .2             | .2                   |
| More than 10 Times | 3                | .7             | .7                   |
| <b>Total</b>       | <b>439</b>       | <b>98.9</b>    | <b>100.0</b>         |

**Noticed a change in your personality**

|              | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------|------------------|----------------|----------------------|
| Never        | 389              | 87.6           | 88.4                 |
| 1-2 Times    | 44               | 9.9            | 10.0                 |
| 3-5 Times    | 3                | .7             | .7                   |
| 6-10 Times   | 4                | .9             | .9                   |
| <b>Total</b> | <b>440</b>       | <b>99.1</b>    | <b>100.0</b>         |

**Felt that you had a problem with alcohol**

|                    | <b>Frequency</b> | <b>Percent</b> | <b>Valid Percent</b> |
|--------------------|------------------|----------------|----------------------|
| Never              | 412              | 92.8           | 93.8                 |
| 1-2 Times          | 21               | 4.7            | 4.8                  |
| 3-5 Times          | 4                | .9             | .9                   |
| More than 10 Times | 2                | .5             | .5                   |
| <b>Total</b>       | <b>439</b>       | <b>98.9</b>    | <b>100.0</b>         |

## Intervention and Support Services

In the 2022-23 academic year, Emergency Management & Fire Safety secured and outlined current AED containers with **NARCAN** sprays. Naloxone is a reversal drug designed for opioid overdose, which can be caused by heroin and prescription pain medications like Vicodin, OxyContin, and Percocet. When enough naloxone is administered, breathing will return to normal, saving an individual from the brink of death. Naloxone is not known to cause any harm in the case of a non-opioid overdose. This information has been shared throughout the campus community.

### Employee Assistance Programs:

The Human Resources Department continued to partner with Deer Oaks EAP and EAP services are offered to all benefits-eligible employees. The link to find this information is: [UHCL EAP](#). Through the Employee Assistance Program, or EAP, employees can access free, convenient, and confidential professional services, which include alcohol/drug assessments and referral programs.

To access services:

<https://www.deeroakseap.com/>

UHCL Username: [faculty and staff username]

UHCL Password: UHCL

Phone: 888-993-7650

### Student Assistance Programs:

#### Individual Counseling:

Students are eligible to consult with the counselors in Health Services or the Counseling and Mental Health Center about alcohol and drug substance abuse issues and resources.

#### Group Counseling:

The Counseling and Mental Health Center provides group counseling free of charge to students.

#### 12 Step Programs:

There are no 12 step programs on campus but there are several Alcoholics Anonymous (AA) groups in Clear Lake area. The following webpage provides information about current groups: <https://aahouston.org/>. There are also Narcotics Anonymous (NA) groups in the Houston area. Information about groups is provided at <https://hascona.com>.

#### Psycho-Educational Programs:

UHCL is both a residential and commuter university with adult students. There is one residence hall (Hunter Hall) which opened in August 2019. An Alcohol Awareness program, **Blame It on the Alcohol**, continues to be offered to residential students. These collaborative programs and resources were offered in September 2022 (6 participants), September 2023 (18 participants), and September 2024 (25 participants). There are no athletic programs, no sororities /fraternities, and generally less alcohol and drug related problems on campus. Thus, the programs provided

outside of the residence hall were designed to impact our adult population and are somewhat different than what might be offered on a more traditional college campus.

For Registered Student Organizations (RSOs), educational videos on illegal substances, alcohol, hazing, hate crimes, sexual misconduct, and disability awareness continue to be required components of training to provide in- depth content on all state required risk management topics. The educational videos represent various campus partners such as the Dean of Students Office, the University Police Department, Title IX, and the Accessibility Support Center.

As part of the alcohol and drug awareness campaign, the Counseling and Mental Health Center set up an informational display in the open areas of the Bayou and Student Services Classroom buildings in September 2023. This display especially focused on educating students and the UHCL community about the broad topic of addiction awareness, including alcohol and drugs. This display advertised free, confidential on-line screenings, and contained several handouts designed to educate and impact students. In addition, there were also daily posts made to social media pages during the month of September that included articles and images with information about addiction awareness.

Educational literature and materials on substance abuse, identification and treatment are available free of charge in Health Services and the Counseling and Mental Health Center. On a biennial basis, programs focusing on alcohol and drug abuse education are offered to the university community. Health Services, the Counseling and Mental Health Center, and relevant agencies are used as resources in the implementation of these programs. These programs are open to students, faculty and staff at no charge. Educational programs are available by request. These programs are designed to help students, faculty, and staff understand ways to identify people at risk and to explore methods of dealing with such problems.

A mental health fair, **Fresh Check Day**, was facilitated by the Counseling and Mental Health Center on August 28, 2023, and August 26, 2024. An alcohol awareness booth was provided by the UHCL Police Department. Various campus partners participated in Fresh Check Day, which led to record attendance.

All orientation workshops on sexual assault prevention include information about alcohol and drugs as related to preventing sexual assault. A person who is physically and mentally incapacitated because of alcohol or drug consumption, whether voluntary or involuntary, is incapable of giving consent to sexual activity. Furthermore, a person who knows or should reasonably have known that someone else was incapacitated cannot engage in sexual activity with that person under Title IX.

### **On-Line Screenings**

In addition to the displays that were set up for the above awareness projects, UHCL made available online CCAPS screenings for Depression, Bipolar Disorder, Anxiety, Eating Disorders, Post- Traumatic Stress Disorder (PTSD), Alcohol Use, and Substance Use. This program allows

students to take these anonymous, free on-line screenings from any computer and receive immediate feedback about the results of the screening instruments, recommendations for treatment, and referral to Counseling Services if appropriate. The results of these screenings are in the tables below. This is the purpose for these screenings, to help people recognize when they need treatment and provide information for how they can receive it. The table below shows the results of the CCAPS Screen for the two-year period as related to Alcohol Use.

| <b>CCAPS Screen</b> | <b>Alcohol Use</b> |
|---------------------|--------------------|
| <b># Users</b>      | 157                |
| <b>Low</b>          | 73%                |
| <b>Medium</b>       | 8%                 |
| <b>Elevated</b>     | 19%                |

The WellTrack Boost online interactive tool also has a screening for Alcohol Use, the AUDIT that students, faculty, and staff can access.

The University acknowledges the diverse needs of its community of learners – both students who physically attend the campus and those who attend online. In approaching prevention and support services to the student community, the University recognizes these diverse needs and has approached prevention education with an eye to the community being served in each modality.

The University student population represents traditional aged college students in both a commuter and residential setting. The University online student population is typically comprised of non-traditional aged students, primarily working adults, accessing their learning environment remotely and in an exclusively online modality.

The University acknowledges the distinctions between the populations by developing alcohol and other drug prevention education efforts that are responsive to the audience.

Learn more about the Counseling and Mental Health Center at <https://www.uhcl.edu/cmhc/>.

Request an appointment by calling 281-283-2580. For crisis assistance 24 hours a day, 7 days a week, press “2”.

Learn more about Health Services at <https://www.uhcl.edu/student-affairs/health-wellness/health-services/>

Request an appointment by calling 281-283-2626.

## **Evaluation of Plan Program Strengths**

The University provides clear and comprehensive guidelines for students, faculty and staff regarding its alcohol and other drug policies.

The University maintains records of student and staff violations and sanctioning processes that are consistently implemented. The Dean of Students Office keeps track of student violations and sanctions via the Maxient student conduct software.

The University has faculty conducting academic research on students' alcohol and drug use/abuse, which further informs our collective work in this area.

The University provides AOD prevention to its students, specifically targeting our on-campus students through active and passive programming in our Residence Hall. The University acknowledges the distinctions between campus and online/distant learning populations.

The University employs staff with appropriate training and credentials to address issues of alcohol and other drug use/abuse by students and staff and/or contracts with third party vendors to provide support services.

The University has established a campus-wide committee to coordinate reporting for the Drug-Free Schools and Communities Act Biennial Review and any updates or changes to the AOD Policy.

## **Program Weaknesses**

Though the University of Houston-Clear Lake is currently exploring integrating Peer Wellness Ambassadors into the community, currently, there is not a set department for Wellness to coordinate efforts in this area. In addition, It is critical for the institution to create a centralized effort to educate and inform students, faculty, and staff on these alcohol and drug-related topics. This should include preventative measures based on incidents and best practices. The University also needs to determine the department or position that is responsible for the coordination, management, and compliance of state expectations for education, outreach, and reporting surrounding alcohol and drug use and abuse.

## **Program Recommendations**

- Strengthen data collection processes across areas to increase the depth and breadth of the institutional awareness related to the issue.
- The Dean of Students will ensure that an educational module/program (Alcohol101+) is fully integrated into the student conduct process.
- Provide funding and support in further developing the Peer Wellness Ambassador initiative.
- Repeating the administration of the NCHA survey will also strengthen data about our students' alcohol and drug use.

- Continue to conduct research on student alcohol and drug use and abuse.
- Determine trends of usage at the institution based on Clery Act data and incident reporting to implement responsive approaches for practice, policies, and programs.
- Integrate use of academic research and best practices to inform a proactive approach to institutional effectiveness in this area for students, faculty, and staff.

### Summary

The University organized a cross departmental workgroup for the purpose of engaging in a biennial review of compliance with the Drug-Free Schools and Communities Act and conducted a review to summarize and evaluate the effectiveness of the University's programs and activities related to alcohol and drug prevention during the 2022-2023 and 2023-2024 academic years.

The University continues to remain in compliance with the requirements of the Drug-Free Schools and Communities Act and has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by its students and employees. This demonstrates the University's comprehensive approach to addressing alcohol and other drug issues in its community. The University remains committed to creating a safe and healthy environment for its students.

At the beginning of each academic semester, the Dean of Students Office sends a series of federal and state compliance email communications to all enrolled students. This includes a notification of the AOD policy and the location of the Drug Free School and Communities Biennial Review Report, which is available online on the Dean of Students Office website at <https://www.uhcl.edu/dean-of-students/>.

While UHCL is doing what is needed to meet the requirements for this report, as mentioned above, there is significant work to still be done to ensure sustainable and consistent programming and assessment of the education, understanding, and outreach conducted on our campus directly related to alcohol and other drugs.

### Resources and DRSCA Publications:

- [Complying With the Drug-Free Schools and Campuses Regulations \[EDGAR Part 86\]: A Guide for University and College Administrators](#)
- [1998 Amendments to the Higher Education Act of 1965 \(P.L. 105-244\)](#)
- [Drug-Free Schools and Communities Act Amendments of 1989 \(P.L. 101-226\)](#)
- [Higher Education Center for Alcohol and Other Drug Prevention](#)
- [Family Educational Rights and Privacy Act \(FERPA\)](#)
- [H.R. 4137 - The Higher Education Opportunity Act of 2008](#)