

UHCL Quick Referral Sheet—Alcohol Resources

<p>UHCL Counseling Services 281-283-2580</p>	<p>UHCL Police Department 281-283-2222</p>
<p>UHCL Health Services 281-283-2626</p>	<p>Emergency 911 or nearest ER</p>
<p>24-Hour Lines: <u>Alcoholics Anonymous Houston, TX</u> 713-686-6300 (24 hour meeting locator line) <u>Al-Anon Family Groups Houston, TX</u> 713-683-7227 (24 hour meeting locator line) <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> <u>National Helpline</u> 1-800-622-4357 They provide referrals to local treatment facilities, support groups, and community-based organizations</p>	<p>Treatment Centers: <u>Bay Area Council on Drugs and Alcohol (BACODA)</u> http://bayareacouncilondrugsandalcohol.homestead.com/ 1-800-510-3111 Individual Substance Use Counseling, Individual Assessments, Crisis Calls/Counseling, Recovery Support Services, and Court Referred Education Classes Payment: Call to inquire about pricing <u>Bay Area Recovery Center—Alcohol and Drug Rehab</u> https://www.bayarearecovery.com/east-houston-rehab/ 281-377-4307 Inpatient, Outpatient, and Detox Payment: Most insurances accepted, call to inquire</p>
<p>Free Support Groups: <u>Alcoholics Anonymous Houston, TX</u> www.aahouston.org to find a meeting in your area 713-686-6300 (24 hour meeting locator line) <u>Al-Anon Family Groups Houston, TX</u> Help for friends and families of alcoholics http://houstonalanon.org/ to find a meeting in your area 713-683-7227 (24 hour meeting locator line) <u>SMART Recovery</u> Science-based, self-empowered addiction recovery www.smartrecovery.org to find a meeting in your area</p>	<p><u>Into Action Recovery Centers</u> https://www.intoactionrecovery.com/ 844-303-3969 On-Site Medical Detox, Residential Treatment, Intensive Outpatient, and Extended Care Payment: In-network with most insurance companies, call to inquire about self-pay plans <u>New Dimensions Day Treatment Centers</u> http://www.nddtreatment.com/ 1-800-685-9796 Substance Use Counseling, Detox, DWI Education, and Intensive Outpatient Payment: Call to inquire about payments <u>Prevention and Recovery Center (PaRC)</u> https://parcbh.com/ (713) 939-7272 On-Site Medical Detox, Residential Treatment, Intensive Outpatient, and Extended Care Payment: In-network with most insurance companies, call to inquire about self-pay plans</p>

Disclaimer: UHCL Counseling Services and Health Services cannot assume responsibility for the treatment or service you receive from any of the resources listed above. While we attempt to identify reputable community resources, we cannot guarantee your satisfaction.