

# Campus Recreation & Wellness

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*SFAC Presentation*

A large, stylized eagle logo in a lighter shade of blue, positioned in the lower right quadrant of the slide. The eagle is depicted in profile, facing left, with its wings spread and tail feathers visible. The logo is semi-transparent and blends into the background.

# Campus Recreation & Wellness Core Values

- **Community:** We strive to create a space where all feel welcomed, and individuals can connect, share, and grow together through lively recreational and wellness activities.
- **Leadership:** We foster an environment where taking initiative and leading by example are fundamental in promoting wellness and recreational activities.
- **Teamwork:** Collaborating and working together we encourage everyone to contribute their unique strengths and perspectives.
- **Integrity:** Trust and respect are at the heart of our community.
- **Safety:** Prioritizing the wellbeing of every individual. We are dedicated to creating a safe environment where everyone can engage in recreational activities.



# Summary of Services

## Operating Hours

- Open 95 Hours per week
- Providing early morning and late-night fitness opportunities

## Programs

- 25+ Weekly Group Fitness Classes
- Intramural Leagues & Tournaments
- Personal Training & Nutritional Programs
- Special Events

## Facilities

- RWC
- Delta Outdoor Complex
- Rec Sports Field and Sand Volleyball Court

## Student Employment

- Largest Student Employer On-Campus
- Opportunities for Advancement



## Student Fee Allocation Benefit



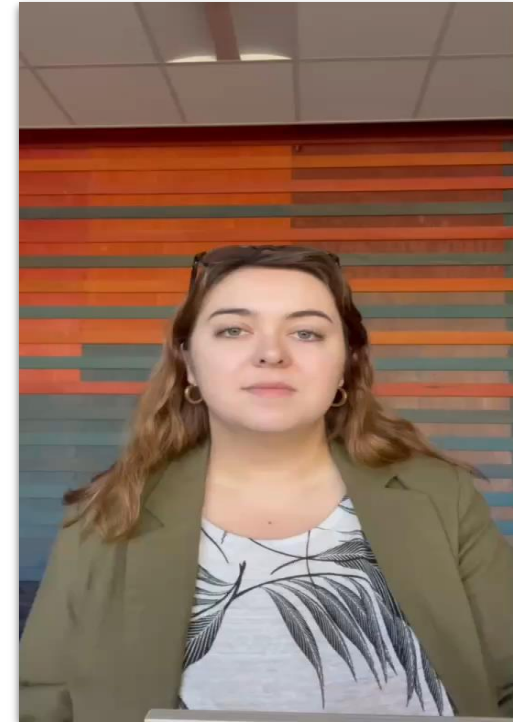
*"Time management and adaptability were crucial skills I developed while working at Campus Recreation. Balancing multiple responsibilities, such as event coordination and customer service, required me to manage my time efficiently and adapt quickly to changing priorities. This experience has significantly helped me in my professional career, where I often handle competing deadlines and dynamic work environments."*

~ Rithika Reddy Kommidi | UHCL Class of 2023  
MS Computer Science | RWC Student Coordinator

# Student Fee Allocation Benefit



Frida Quiroz | Class of 2025  
Social Work | RWC Student Coordinator



Ashlinn Parker | UHCL Class of 2024  
BS Legal Studies | RWC Student Coordinator

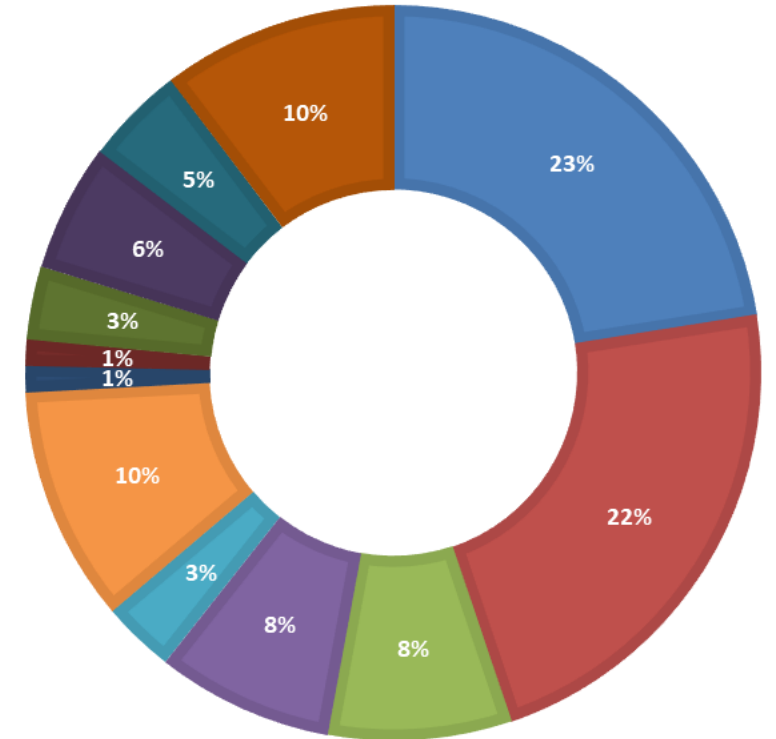
# Campus Recreation & Wellness Budget Overview

Revenue Sources	
Student Recreation Fee	\$ 2,500,986
Student Fee Allocation (from Fitness Rm)	\$ 142,231
Annual Fund Support from E&G	\$ 75,000
Anticipated Outside Sales (Memberships)	\$ 681,000
	<b>\$ 3,399,217</b>
Deductions from Income	
Debt Service	\$ 1,789,900
Student Fee Waivers	\$ 100,542
<b>Revenue Remaining</b>	<b>\$ 1,508,775</b>

SFAC Base Budget Expenses	
Salaries, Wages & Fringe Benefits	95.4%
Maintenance & Operations	4.6%

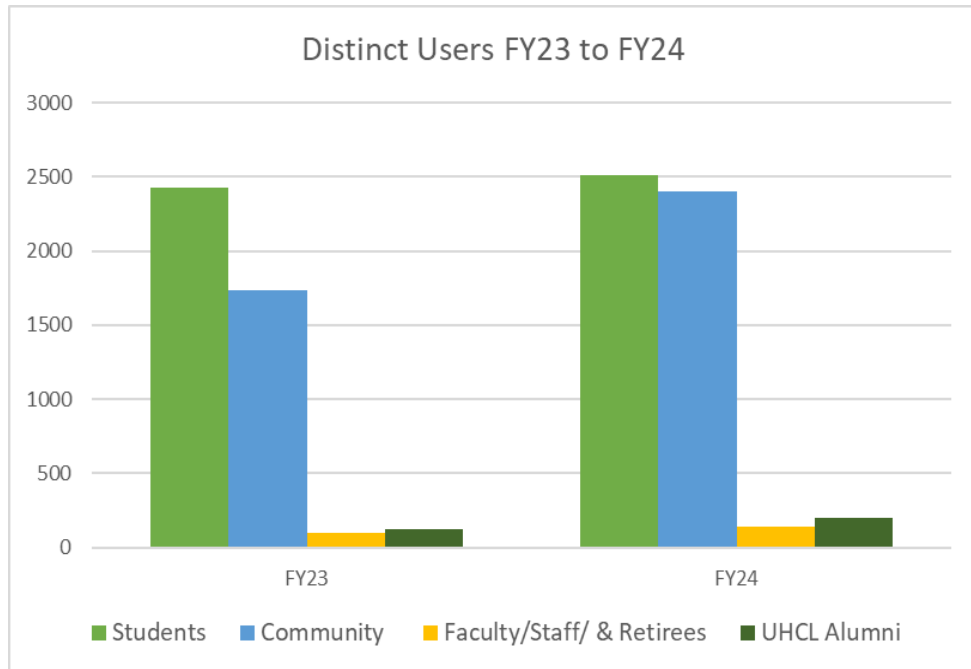
SUMMARY OF EXPENSES

- Full-Time Staff Salaries & Benefits
- Student Staff Wages
- Temp Staff Wages
- Fringe Benefits
- Office & Admin Supplies
- Custodial Services
- Training & Development (Student & Staff)
- Programs/Events
- Equipment/Repairs/Maintenance
- Service Contracts
- Utilities
- Admin Fees, Charge (8% on External Income)

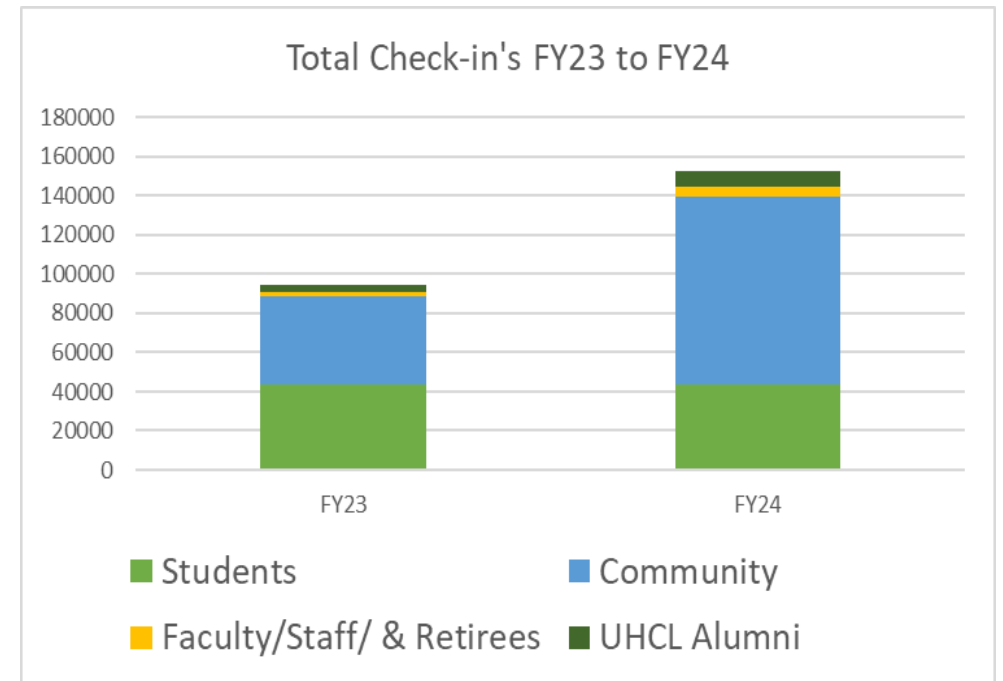


# Facility Use Statistics

Distinct Users by Group	FY23	FY24	% Change
<b>Students</b>	<b>2428</b>	<b>2514</b>	<b>4%</b>
<b>Community</b>	1733	2399	38%
<b>Faculty/Staff/ &amp; Retirees</b>	95	139	46%
<b>UHCL Alumni</b>	123	201	63%



Total Check in's	FY23	FY24	% Change
<b>Students</b>	<b>43314</b>	<b>43523</b>	<b>0.5%</b>
<b>Community</b>	45067	96154	113%
<b>Faculty/Staff/ &amp; Retirees</b>	2714	4672	72%
<b>UHCL Alumni</b>	3601	8189	127%



# Participation Statistics

## Program Participation

### Total Participations

Program	22-23	23-24	% Increase
Group Fitness	4812	8616	79%
Rec Sports	672	815	21%
Special Events	675	824	22%

- New Fitness & Wellness Coordinator
- Focus on Sport Club Development
- Hosted 15 Special Events and contributed to an additional 15 Campus Partner events.
  - Focus on student engagement & creating a vibrant campus experience





# New Initiatives

## Wellbeing & Wellness Initiatives

- The Texas Higher Education Collaboration for Wellbeing
- JED Campus Initiatives & Peer Wellness Ambassadors
- Fitness & Wellness Programming

## Rec Sports Programming

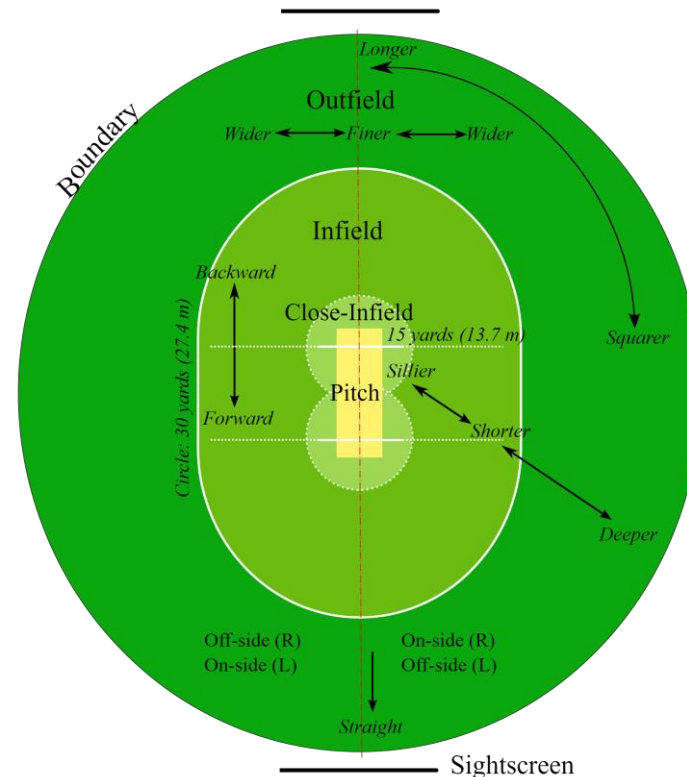
- Further Club Sport Development
- Esports
- Cricket

# FY25 One-Time Funding Request

## Portable Cricket Pitch

- Allows for ideal pitch placement for full-field play
- Allows for multi-use sports on the Delta field
- Benefits multiple student groups on-campus
- Creates more collaborative events
- More opportunities to offer competitive cricket events & leagues

FY 25 One Time Funding		Total
Portable Cricket Pitch		\$7,200
Storage Unit		\$9,300
		<b>\$16,500</b>



# FY26 One-Time Funding Request

## Outdoor Fitness Zone Improvements

- Equipment designed for outdoor environment
- A functional space suitable for various exercise routines and user abilities
- Utilization of space for what it was intended, an extension of our facility
- Opportunities for new classes and programs
- Equipment upgrades
- Enhance comfort
- Improve Aesthetics

Improvements	Total
Renovations	\$ 38,829
New Equipment	\$ 25,242
	<b>\$ 64,071</b>

